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Date	July, 2022
Purpose	To ensure a consistent procedural approach to the endotracheal tube cuff manometer.
Scope	Applies to Queensland Ambulance Service (QAS) clinical staff.
Health care setting	Pre-hospital assessment and treatment.
Population	Applies to all ages unless stated otherwise.
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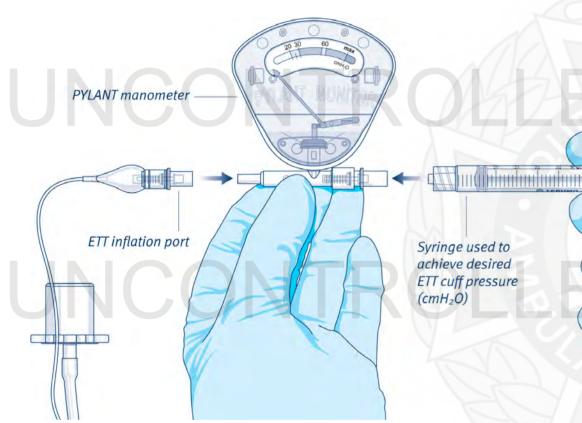
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# Endotracheal tube cuff manometer

July, 2022

The endotracheal tube (ETT) cuff provides a seal within the trachea and is critical to preventing adverse events following intubation.<sup>[1]</sup> The PYLANT Manometer is a disposable, single use device used to measure ETT cuff pressure.<sup>[2]</sup> It is designed to assist clinicians to achieve and maintain an ETT cuff pressure within a safe and effective range.



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### ontraindications

• When ETT placement has not been confirmed by waveform capnography

All patients intubated with a cuffed ETT

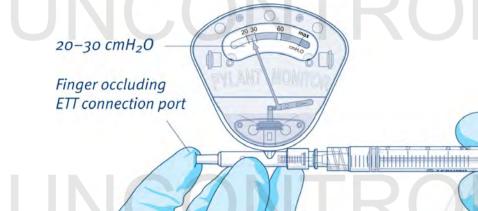
• When using an uncuffed ETT

## Complications

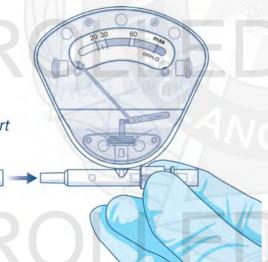
- ETT cuff under-inflation<sup>[3,4]</sup>
  - Aspiration
  - Inadequate ventilation
  - Accidental extubation
- ETT cuff over-inflation<sup>[3,5,6]</sup>
  - Pain
  - Tracheal stenosis/rupture
  - Ulceration
  - Necrosis

### Procedure – Endotracheal tube cuff manometer

- 1. Remove the manometer from its packaging.
- 2. Occlude the manometer's ETT connecting port with a gloved finger and using an appropriately sized syringe inject the required amount of air to achieve a pressure reading of 10-30 cmH<sub>2</sub>O.



- Monitor the pressure reading and ensure it maintains constant pressure for 3–5 seconds. If not, replace the manometer and repeat steps 1–3.
- Connect the manometer to the patients ETT inflation port (pilot balloon) and then ETT connect an appropriately inflation port sized syringe.



- 5. Inflate the cuff to the appropriate pressure:
  - *Adult* 25 cmH20
  - Paediatric less than or equal to 20 cmH20

6. Once the desired ETT cuff pressure is achieved, consider leaving the manometer in-situ to enable ongoing monitoring of the ETT cuff pressure.

## Additional information

Desired pressure

- Do no palpate the pilot balloon as this will result in an incorrect cuff pressure.<sup>[7,8,11]</sup>
- The ETT cuff pressure of all rotary wing patients must be checked, immediately prior to take off, during flight (cruising altitude) and immediately before landing.<sup>[3,4,9,10,11]</sup>
- If the patient's head is moved (e.g. flexion, extension or rotation) the ETT cuff pressure must be reassessed.<sup>[12]</sup>
- Should the manometer fail, inflate the ETT cuff for adequate oxygenation/ventilation and adjust when a new manometer is available.
- ETT cuff pressures must be documented on the eARF.

Inject or withdraw air to

achieve desired cuff pressure