

# What to bring with you to hospital



Your glasses/  
contact lenses  
(if applicable)

## Your medications

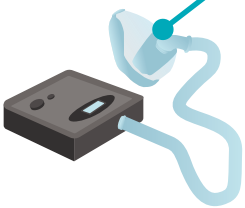
Bringing your medication will help with your care in hospital.



Your Medicare  
card and any  
private health  
fund cards

## Mobility/medical aids

(if needed) e.g. crutches,  
walking frames, sleep apnoea  
device, insulin device, hearing  
aids, etc. Remember to put  
name labels on these as  
they're expensive to replace.



Any recent  
test results  
e.g. x-rays and scans

## A small amount of money

to buy low-cost items  
during your stay. Do not  
bring large amounts of money  
or valuables.



## Comfortable clothes and shoes

ensuring shoes are supportive  
and non-slip. Pack some warm  
clothing/a jacket.

## Your toiletries and other personal items

e.g. dentures, hygiene products



## Small toy or game



## Other important details

e.g. WorkCover claim, medical practitioner  
referral letter/s, next of kin details, advance  
health directive/enduring power of attorney,  
Veteran Affairs, pension or concession card  
(if applicable), Passport/travel insurance  
information for international visitors.

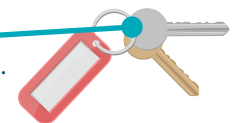


## A book or something to do



## House keys

for when you return home.



## Phone, charger and/or powerbank, earphones/ headphones

leave medical alarms at home



## Transport of personal belongings

The Queensland Ambulance Service (QAS) recognises that the transport of patient's personal belongings, inclusive of assistance animals, may be required in the provision of quality and appropriate, patient focussed care and may assist in facilitating appropriate assistance for vulnerable patients.

The QAS is committed to contributing positively to human rights and ensuring every person has the right to access health services.

There may be circumstances where QAS officers are unable to transport a patient's belongings due to space restrictions and being able to secure them safely. In these instances, alternative transport options such as family or friends will be considered.

